Hepalogy L

Hepalogy L Sachet

(L-Ornithine L-Aspartate 5gm)

Introduction

Hepalogy L Sachet is a **hepato-protective supplement** formulated to support **liver function, detoxification, and ammonia metabolism**. It contains **L-Ornithine L-Aspartate (LOLA),** a potent amino acid complex that helps in **reducing liver stress, improving metabolism, and managing hepatic disorders**.

Composition & Mechanism of Action

- **L-Ornithine L-Aspartate (5gm)**
  - Enhances **ammonia detoxification** by promoting **urea cycle activity**.
  - Supports **liver cell regeneration** and prevents further damage.
  - Improves **energy metabolism** and helps reduce fatigue.
  - Aids in managing **hepatic encephalopathy and liver cirrhosis**.

Indications & Uses

Hepalogy L is beneficial for:

- **Liver disorders** (fatty liver, hepatitis, cirrhosis).
- **Hyperammonemia (excess ammonia in the blood)**.
- **Hepatic encephalopathy**.
- **Detoxification and liver function improvement**.
- **Supporting recovery in alcohol-induced liver damage**.

Dosage & Administration

- **Usual Dose**: **1-2 sachets daily**, or as prescribed by a physician.
- **How to Use**:
  - Dissolve the sachet content in a **glass of water or juice**.
  - Stir well and consume immediately.
  - Preferably take after meals.

Precautions & Warnings

- **Not recommended for severe kidney disease patients**.
- Use with caution in **pregnant or lactating women** (consult a doctor).
- May cause mild **nausea, bloating, or diarrhea** in some cases.

Storage & Handling

- Store in a **cool, dry place**, away from moisture and direct sunlight.
- Keep out of **reach of children**.
- Use before the **expiry date** mentioned on the sachet.

Conclusion

Hepalogy L Sachet is a **clinically effective liver supplement** that helps in **reducing ammonia levels, enhancing liver detoxification, and improving overall liver health**. It is an essential **nutritional support** for individuals with **hepatic disorders and metabolic imbalances**.

Manufactured in India for:

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